

NEWSLETTER

MARCH 2026



RASHID LATIF
KHAN UNIVERSITY



RASHID LATIF
MEDICAL COLLEGE



RLKU
MEDICAL & DENTAL COLLEGE



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TEACHING HOSPITAL



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TEACHING HOSPITAL



RASHID LATIF KHAN UNIVERSITY (RLKU)

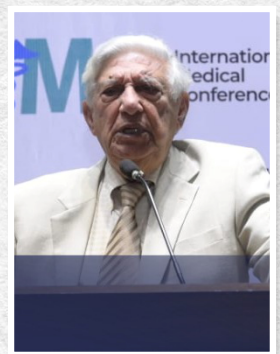
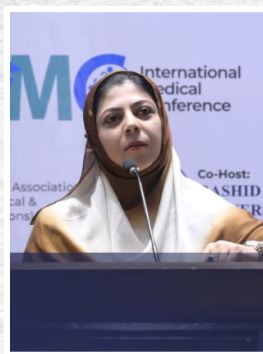
4TH PAMI CONFERENCE 2026

Rashid Latif Khan University (RLKU) successfully organized the 4th PAMI Conference 2026 in collaboration with the Pakistan Association of Medical & Dental Institutions (PAMI).

Ms. Sabahat Khan, Chief Executive Officer of RLK Group and President of PAMI Punjab, stated in her address that private medical and dental institutions serve as the backbone of the healthcare and education sectors. She further added that through the platform of PAMI, practical steps will be taken to enhance collaboration among institutions, improve quality standards, and promote advanced research.

The conference was attended by numerous distinguished personalities, including Punjab Finance Minister Mujtaba Shuja-ur-Rehman, Chairman RLK Group Prof. Dr. Rashid Latif Khan, Prof. Dr. Sumira Rehman, Prof. Dr. Khalid Masood Gondal, Prof. Mahmood Ayaz, Prof. Ahsan Waheed Rathore, Prof. Zahra Khanam, Dr. Noreen Umar, and many others. The speakers shared in-depth insights on restructuring medical education, healthcare governance, and various aspects of reform.

During the conference, Prof. Dr. Mahwish Urooj and Ms. Sabahat Khan delivered special lectures. A significant panel discussion was also held under the supervision of Abdul Waheed Sheikh, Major General (R) Prof. Dr. Naeem Naqi, Dr. Syed Razi Muhammad, Prof. Abdul Rasheed Mian, Dr. Muhammad Riaz Janjua, and Ghulam Noorani.



We are
champions

We are
champions

Successfully Hosted - 4th PAMI Conference 2026



RASHID LATIF KHAN UNIVERSITY (RLKU)

ACHIEVE WOMAN ENTREPRENEUR OF THE YEAR 2026 AWARD

Heartiest congratulations to Sabahat Khan, Chief Executive Officer of RLK Associates Pvt Ltd, on receiving the prestigious "Achieve Woman Entrepreneur of the Year 2026" award.

This remarkable recognition reflects her visionary leadership, dedication, and outstanding contribution to entrepreneurship and business excellence. Her inspiring journey continues to motivate aspiring entrepreneurs and professionals to pursue their goals with passion and determination.



PAMI ANNUAL HEALTHCARE EXCELLENCE AWARDS

The Pakistan Association of Private Medical and Dental Institutions (PAMI) organized the annual Healthcare Excellence Award.

Congratulations to Ms. Sabahat Khan, CEO of RLK Group, on receiving a token of appreciation from Provincial Minister for Primary & Secondary Health Care Mr. Khawaja Imran Nazir on being elected as President of PAMI Punjab.



IFTAR PARTY 2026

An Iftar party was graciously hosted by Prof. Dr. Rashid Latif Khan, Chairman of the RLK Group, along with Sabahat Khan, CEO of RLK Associates Pvt. Ltd.

The event brought together distinguished guests including CEOs, Vice Chancellors, and representatives from various colleges and universities. It was a wonderful opportunity to share the blessings of Ramadan, strengthen professional relationships, and celebrate the spirit of unity and gratitude.

We sincerely thank all the respected guests for taking the time to attend the Iftar and for making the evening truly memorable with their presence.





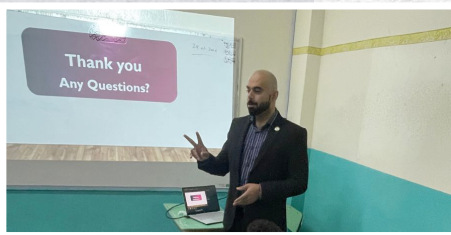
RASHID LATIF KHAN UNIVERSITY (RLKU)

KSA OUTREACH INITIATIVE

During the KSA Outreach Initiative, Rashid Latif Khan University and the Rashid Latif Medical Colleges engaged with prospective students across Saudi Arabia. Group Head of Admissions, Syed M. Ahsan Ali, represented the institution at the University Roadshow held at Pakistan International School Jeddah and conducted career counselling sessions for students at:

- Iqra Pakistani International School Makkah
- Alaqeeq International School Madinah
- Dar ul Hijrah Pakistani International School Madinah

The initiative aimed to guide students on academic pathways, introduce them to higher education opportunities in Pakistan, and strengthen educational partnerships within the overseas Pakistani community.



RASHID LATIF GROUP AS AN OFFICIAL SPONSOR AT THE CITY SCHOOL ANNUAL COUNSELLORS' TRAINING

Proud to attend and represent Rashid Latif Group as an official sponsor at the City School Annual Counsellors' Training. Supporting those who guide and mentor future leaders is part of our commitment to strengthening education and creating impactful pathways for students. Grateful for the opportunity to collaborate and contribute to such a meaningful initiative.





RASHID LATIF KHAN UNIVERSITY (RLKU)

PIONEER WELCOME PARTY FOR NEWCOMERS

The pioneer batch of the Department of Computer Science organized a memorable welcome party for the incoming students, marking it as the first-ever welcome event of the department. The event was thoughtfully arranged to create a friendly and inclusive environment, allowing newcomers to interact with their seniors and feel a sense of belonging from the very beginning of their academic journey. Students actively participated in various informal activities. A major highlight of the evening was the bonfire, which added warmth and excitement to the gathering and provided an opportunity for students to relax and connect in an enjoyable setting. The students cherished the moments and created lasting memories, making it a successful and significant milestone for the department.



POWERING THE DIGITAL WORLD TOGETHER

The Department of Computer Science successfully organized an engaging academic activity titled "Powering the Digital World Together", aimed at fostering innovation and collaborative learning among students. During this session, first-semester students presented insightful demonstrations on how Artificial Intelligence can be effectively integrated across various domains of ICT. The activity provided a platform for students to develop confidence, research aptitude, and presentation skills at an early stage of their academic journey. The session was led by Ms. Rabia, whose guidance ensured the quality and coherence of the presentations. At the conclusion of the activity, senior students appreciated the efforts of the presenters by presenting them with tokens of encouragement, promoting a culture of peer recognition and collaboration within the department. Dr. Shahzada Atif Naveed, Incharge of the Department, concluded the session by acknowledging the dedicated efforts of the faculty especially Ms. Rabia and commending the students for delivering a highly informative and valuable session.





COMMUNITY SERVICE ACTIVITY - "IFTAAR DISTRIBUTION"

Department of Professional Psychology (DPP)

Students from the Departments of Professional Psychology and BBA successfully organized and carried out an Iftaar distribution drive as part of their community service initiatives during Ramzan. The effort was led by Muhammad Istifa Irshad, a 5th semester DPP student and Student Ambassador of Perseverance. Through strong teamwork and collective contribution, Iftaar meals were distributed to the community at Mian Markaz Galwera, on-duty RLKU guards, local mosques in Galwera, residents of Nabi Baksh, and the Galwera Police Check Post.

This initiative exemplified the values of compassion, social responsibility, and active community engagement, reflecting our students' dedication to making a meaningful impact beyond the classroom.

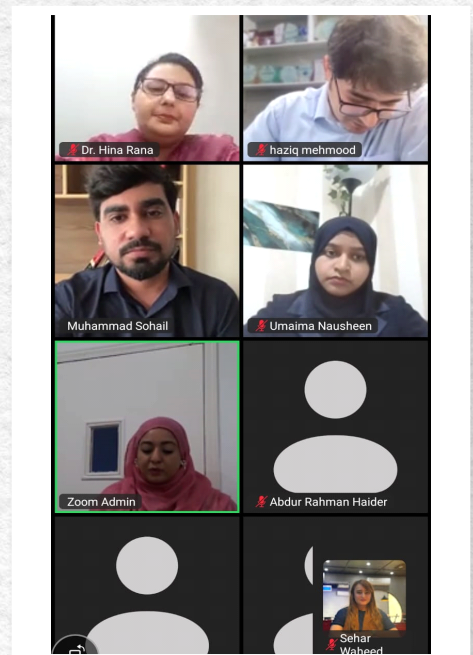


WEBINAR - "EMPOWERING YOUNG MINDS TO THRIVE AMIDST GLOBAL UNCERTAINTY"

Department of Professional Psychology (DPP)

A webinar was organized by the Happiness Center at the University of Management and Technology (UMT), which brought together national and international experts to discuss student well-being in challenging times.

Mr. Muhammad Sohail, Lecturer in the Department of Professional Psychology at Rashid Latif Khan University, participated as a featured panelist in the expert session. He delivered an insightful presentation focusing on the critical role of educators in fostering student resilience. The discussion emphasized practical strategies within academic settings to help students cope with the psychological impact of global uncertainty, promoting adaptability, emotional strength, and overall mental well-being within educational environments.





MEETING ON PHARMACY EDUCATION REFORMS AND PROFESSIONAL AFFAIRS

A significant meeting was held in Islamabad between Prof. Dr. Humayun Riaz, Principal of Rashid Latif College of Pharmacy (RLCP) and Dean, Faculty of Pharmaceutical Sciences (FOPS), Rashid Latif Khan University (RLKU), and the Secretary of the Pharmacy Council of Pakistan (PCP).

The meeting focused on key issues pertaining to the advancement of pharmacy education and professional standards in Pakistan. Prof. Dr. Humayun Riaz highlighted the evolving role of pharmacists in healthcare and emphasized the urgent need to align academic curricula with international standards, ensuring competency-based education and practical training.

During the discussion, both parties addressed challenges faced by pharmacy institutions, including curriculum updates, accreditation processes, quality assurance, and the integration of modern pharmaceutical practices. Special attention was given to bridging the gap between academia and the pharmaceutical industry to enhance employability and professional skills among graduates.

The Secretary of the Pharmacy Council of Pakistan appreciated the efforts of RLCP and RLKU in promoting excellence in pharmaceutical education and assured continued support in strengthening regulatory frameworks and educational policies.

The meeting concluded on a positive note, with a shared commitment to collaborate on future initiatives aimed at improving pharmacy education, fostering research, and addressing emerging challenges in the healthcare sector.



MEETING AND BREAKFAST AT BRITISH HIGH COMMISSION ON PHARMACEUTICAL EXPORTS

A prestigious meeting and breakfast session was held at the British High Commission in Islamabad, where Prof. Dr. Humayun Riaz, Principal of Rashid Latif College of Pharmacy (RLCP) and Dean, Faculty of Pharmaceutical Sciences (FOPS), Rashid Latif Khan University (RLKU), had the honor of meeting with the UK Ambassador to Pakistan.

The meeting provided an excellent platform for high-level discussions on the export potential of pharmaceutical products from Pakistan to the United Kingdom. Prof. Dr. Humayun Riaz highlighted the growing capabilities of Pakistan's pharmaceutical sector, emphasizing compliance with international quality standards, regulatory improvements, and the increasing role of academia in supporting industrial innovation.

Key discussions revolved around challenges and opportunities in exporting pharmaceutical products to the UK market, including regulatory requirements, quality assurance, Good Manufacturing Practices (GMP), and mutual collaboration between academic institutions and industry stakeholders. The importance of strengthening bilateral ties to facilitate trade and knowledge exchange was also emphasized.

The UK Ambassador appreciated the progress made by Pakistan's pharmaceutical sector and acknowledged the role of academic leadership in driving innovation and maintaining quality standards. Both sides expressed interest in fostering future collaborations, capacity building, and facilitating pathways for Pakistani pharmaceutical products in international markets.

The meeting concluded with a shared vision to enhance cooperation between Pakistan and the United Kingdom in the pharmaceutical domain, promoting global standards, research collaboration, and export growth.





VISIT OF DEAN, FACULTY OF PHARMACEUTICAL SCIENCES, UNIVERSITY OF CENTRAL PUNJAB TO RLCP

Rashid Latif College of Pharmacy (RLCP), a constituent college of Rashid Latif Khan University (RLKU), had the honor of hosting the Dean, Faculty of Pharmaceutical Sciences, University of Central Punjab for an academic visit.

The distinguished guest was warmly received by Prof. Dr. Humayun Riaz, Principal of RLCP and Dean, Faculty of Pharmaceutical Sciences (FOPS), RLKU. The visit aimed to strengthen academic collaboration and provide an overview of the facilities and educational environment at RLCP.

During the visit, the Dean was given a comprehensive tour of various academic and research laboratories, where ongoing practical training and research activities were showcased. The guest appreciated the well-equipped labs, modern infrastructure, and the institution's commitment to delivering quality pharmaceutical education aligned with contemporary standards.

Both institutions engaged in meaningful discussions regarding mutual collaboration in areas such as research, faculty exchange, student development, and advancement of pharmacy education in Pakistan. The importance of fostering inter-institutional partnerships to enhance academic excellence and innovation was strongly emphasized. The visit concluded on a positive note, with a shared commitment to further strengthen ties between the two institutions for the betterment of pharmaceutical education and research.





RASHID LATIF MEDICAL COLLEGE (RLMC)

CELEBRATING EXCELLENCE!

2nd Year MBBS Result

We proudly celebrate our Champions – the Class of 2028 – for their outstanding achievement in UHS examinations, securing an exceptional 90% result.

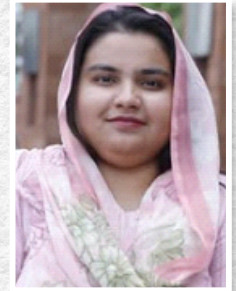
Special congratulations to our position holders:

Zarshay Khan – 1st Position

Mashaal Umair – 2nd Position

Aqsa Ijaz – 3rd Position

Your dedication and excellence continue to bring immense pride to RLMC.



RLMC ALUMNI CELL

Celebrating Excellence- Us Residency Program 2026

We are incredibly proud to share that 5 of our alumni have successfully matched into the US Residency Program 2026. Your journey is a beacon of hope inspiring countless others to believe, strive, and never give up. This is only the beginning of something extraordinary. RLMC loves you and celebrates you.





RASHID LATIF MEDICAL COLLEGE (RLMC)

CELEBRATING EXCELLENCE!

PAMI Annual Healthcare Excellence Awards

The Pakistan Association of Private Medical and Dental Institutions (PAMI) organised the annual Healthcare Excellence Awards. Congratulations to Ms. Sabahat Khan, CEO of RLK Group, on receiving a token of appreciation from Federal Health Care Minister Mr. Mustafa Kamal on being elected as President of PAMI Punjab



CELEBRATING EXCELLENCE!

Ms. Sabahat Khan on Becoming President PAMI Punjab

Congratulations to the CEO of RLK Group, Ms. Sabahat Khan, on being elected as President of PAMI (Pakistan Association of Private Medical & Dental Institutions) Punjab. This remarkable milestone reflects her visionary leadership, dedication, and unwavering commitment to excellence in the healthcare and education sector. We wish her continued success as she takes on this influential role and continues to inspire many through her journey.





RASHID LATIF MEDICAL COLLEGE (RLMC)

IMC PRE- CONFERENCE WORKSHOP

Building Brain Resilience in Medical Students

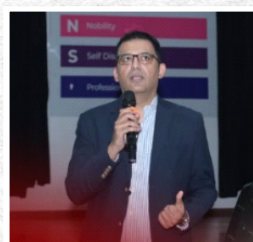
RLMC successfully conducted the Pre-Conference Workshop at the 4th International Medical Conference (IMC 2026) held at Rashid Latif Medical College, featuring an engaging and insightful session on Brain Resilience and Emotional Health that empowered medical students with essential skills for both their professional journey and personal well-being. The workshop included "Building Brain Resilience in Medical Students" by Syeda Ayesha Noor (Clinical Psychologist & PhD Scholar) and "Mastering Emotional Health" by Prof. Usman Amin Hotiana (Psychiatrist, RLMC Brain Resilience), held on 27th March 2026 at RLMC organized by Prof. Tahir Masood Ahmad (Principal, RLMC) and Prof. Mudassar Ali (Vice Principal, RLMC); we are grateful to our esteemed facilitators, dedicated organizers, and enthusiastic participants for making this session truly impactful and memorable.



IMC PRE- CONFERENCE WORKSHOP

Leading with Power: Soft Power vs Hard Power – Navigating Power Politics at Work.

Successfully conducted an engaging Pre-Conference Workshop at the 4th International Medical Conference (IMC 2026) held at Rashid Latif Medical College, featuring an insightful session on "Leading with Power: Soft Power vs Hard Power – Navigating Power Politics at Work." We were honored to host International Facilitator Dr. Usman Lashari alongside Facilitator Prof. Fahim Anwer, who shared valuable perspectives on leadership dynamics, workplace communication, and professional growth. The workshop proved to be a great opportunity for students and professionals to enhance their leadership skills and understand workplace power strategies; heartfelt appreciation to our respected international speaker, dedicated organizers, and enthusiastic participants for making this session interactive and impactful.





RASHID LATIF MEDICAL COLLEGE (RLMC)

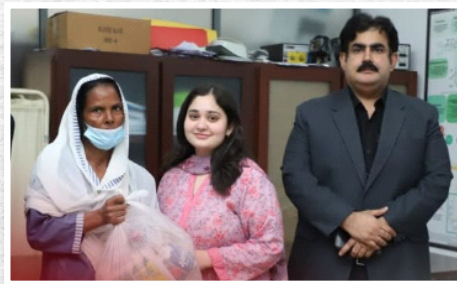
RATION DRIVE

PWC RLMC distributed ration packages among deserving members of the janitorial, clerical, and junior staff at Rashid Latif Medical College. This thoughtful initiative was aimed at supporting staff members and acknowledging their invaluable contributions to the smooth functioning of the institution.

During the blessed month of Ramadan, a time that emphasizes compassion, generosity, and community welfare, such efforts hold even greater significance. By extending support to those in need, PWC RLMC sought to embody the true spirit of Ramadan—promoting empathy, unity, and social responsibility.

This initiative not only provided essential assistance but also served as a gesture of appreciation and respect for the dedication and hard work of the staff. It reinforced a culture of inclusivity and care within the institution, highlighting the importance of standing together as a community, especially during times of reflection and giving.

Through such acts of kindness, RLMC continues to foster a supportive and compassionate environment, ensuring that every member of its community feels valued and remembered.

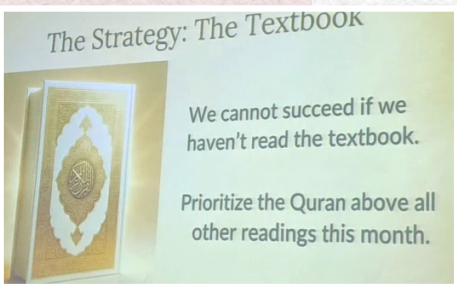
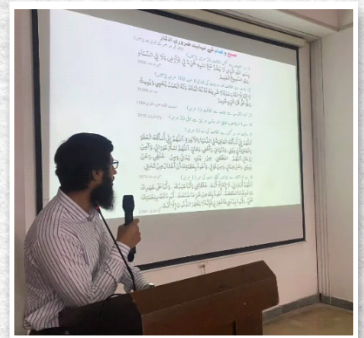


RAMADAN SESSION: PURPOSE & BLESSINGS OF RAMADAN

RLMC Youth Club

RLMC Youth Club organized a Ramadan session titled "Purpose & Blessings of Ramadan," conducted by Zeeshan Ali (Final Year MBBS student, with training in Lisan-ul-Quran and Dars-e-Nizami). The session highlighted the spiritual significance of Ramadan as a time for reflection, renewal of intentions, and personal growth.

The discussion encouraged participants to reconnect with the essence of the holy month and apply its teachings in their daily lives. The session was well-received, and the Youth Club extends its appreciation to all attendees for their active participation.





RASHID LATIF MEDICAL COLLEGE (RLMC)

JOURNAL CLUB SESSION

Department Of Community Medicine

The Department of Community Medicine organized a Journal Club session attended by RLMC faculty and 4th- and Final-Year MBBS students. The session featured a presentation by Ms. Nida Asif on the topic "Systematic Review: Spread of Health-Related Misinformation on Social Media."

Following the presentation, Dr. Tazeem Shahbaz led an engaging question-and-answer discussion, encouraging participants to critically analyze the findings, evaluate methodologies, and reflect on the implications of misinformation in public health. The session provided a valuable platform for academic discourse, knowledge sharing, and fostering evidence-based understanding among students and faculty.



INSPIRING START FOR FINAL YEAR MBBS STUDENTS AT RLMC

Department of Medical Education

A meaningful moment for the new Final Year MBBS students at Rashid Latif Medical College, as they received a special gift—a book authored by Prof. Rashid Latif Khan—aimed at inspiring and guiding them through the final and most crucial phase of their medical journey. This thoughtful gesture reflects the institution's commitment to nurturing knowledge, leadership, and dedication in future healthcare professionals.





RASHID LATIF MEDICAL COLLEGE (RLMC)

3RD YEAR MBBS ORIENTATION SESSION

Department of Medical Education

The academic year at Rashid Latif Medical College began on a productive and organized note with the 3rd Year MBBS Orientation Session. The session aimed to familiarize students with the curriculum, assessment methods, departmental structures, mentoring program, career guidance, and elective opportunities.

Students were briefed on the curriculum and evaluation methods by the Year In-Charges, Prof. Salman Rao and Prof. Sahar Mudassar. They were also introduced to key departments, including Pathology, Pharmacology, Forensic Medicine, Community Medicine & Research Cell, and Behavioural Sciences. Representatives from all clinical departments Medicine, Gynaecology, Surgery, Paediatrics, Pathology, and DME participated through the CFRC focal person.

The mentoring system was presented by Dr. Nida, 3rd Year Mentoring In-Charge, along with all mentors assigned to 3rd-year students, emphasizing academic and professional guidance. An overview of elective opportunities was provided by Prof. Dr. Abul Fazal, highlighting avenues for academic exploration and specialization.

The session concluded with inspiring addresses by Prof. Tahir Masood and Prof. Mudassar Ali, encouraging students to approach the year with diligence, curiosity, and commitment. Attendance at the orientation was mandatory, ensuring all students received essential information to begin the academic year successfully and make the most of the resources available.





RASHID LATIF MEDICAL COLLEGE (RLMC)

DEPARTMENT OF MEDICAL EDUCATION

A meaningful moment for the new Final Year MBBS students at Rashid Latif Medical College marked the beginning of a significant phase in their academic journey. As a special gesture, students were presented with a book authored by Prof. Rashid Latif Khan, aimed at inspiring and guiding them through their final year.

This thoughtful initiative reflects the institution's commitment to fostering knowledge, professionalism, and dedication among future healthcare professionals as they prepare to enter clinical practice





CLINICAL OATH TAKING CEREMONY FOR 3rd YEAR

The Clinical Oath Taking Ceremony for 3rd Year MBBS students was conducted in conjunction with the Clinical Attachments Orientation Session, marking an important transition from pre-clinical to clinical training.

The ceremony commenced with the administration of the clinical oath by Prof. Faheem Mahmood, Vice Principal, emphasizing the ethical responsibilities and professional commitment expected of future doctors. This was followed by an address from Prof. Dr. Arif Mahmood Siddiqui, Principal, who highlighted the significance of compassion, integrity, and dedication in clinical practice.

The event was attended by all Heads of Basic Sciences and Clinical Sciences, reflecting a unified commitment of the faculty towards guiding students in their clinical journey.

The ceremony signifies a pivotal step in medical education, as students formally enter clinical settings to apply their knowledge and skills in patient care under professional supervision.

